



ONTARIO CHAMPIONSHIPS 2023

COMPETITION GUIDE



**NO OUTSIDE
CHAIRS, COOLERS
OR FOOD ALLOWED**



EVERYTHING YOU NEED TO KNOW AT A GLANCE

BEFORE YOU ARRIVE

Download the OVAchamps App

The OVAchamps app is your official guide to the Ontario Championships.

Instantly check scores and schedules, browse every team's roster and photos, get directions to and from Enercare Centre and discover what to do in Toronto. Plus, access exclusive OVA content before it gets published elsewhere, like discovering the 2023 OVA All Stars and Ken Davies and Evelyn Holick award winners!

Download the app today for iPhone, iPad, and Android by searching "OVAchamps" in the app store.

Save the Hotline Phone Number

During event days, the Ontario Championships hotline can be reached at **647-467-5514** during the hours of 6:30am-10:30pm.

Use this phone number in the event of an emergency during the Championships or when it is necessary to contact an Event Staff member immediately.

WHEN YOU ARRIVE

Coaches Check-In

All coaches, Club or Team representative must check-in to have their team rosters confirmed prior to competing. Coaches check-in can be found in the pre-function space by Café Soleil in the east end of the main galleria (south of Hall D).

All teams that are participating in the AM wave must check in the night prior to the competition between 5:00pm-10:00pm. All PM wave teams can either check in the night prior or on day one of the competition from 10:30am-3:30pm.

Please review section 5.0 for Team Check-In times and coach requirements.

The individual completing check-in will be required to perform the following duties at check-in:

- Provide emergency contact information for the team
- Scratch all team personnel and players from the official roster who are not participating in the event.
- Sign off on the roster confirming its accuracy for the duration of the competition
- Provide written acknowledgment that the team understands and must compete at Ontario Championships as per the following:
 - 2023 OVA OC's Team Handbook
 - 2022-2023 Youth Competition Manual
 - 2022-2023 Volleyball Canada rulebook
 - VC/OVA Concussion Protocol
 - OVA Code of Conduct
 - Respect in Sport training requirements

WHILE YOU'RE HERE

Scores & Schedules

All scores and schedules will be posted online Advanced Event Systems (AES) at <https://www.advancedeventsystems.com/events> . You can also easily access scores and schedules on AES using the OVAchamps app. Scores will be posted shortly after the conclusion of each match.

News, Information & Fun

We strongly recommend following the OVA social media accounts for the most up-to-date event information, including important announcements, live event coverage, contests and more.

Follow **ova_updates** on Instagram and Twitter and be sure to tag us using the hashtag **#OVACHamps**. Event information can also be found online at <https://www.ontariovolleyball.org/ontario-championships>

Pass TO Savings

Be sure to stop by the Destination Toronto booth in the vendor hall to access discounted rates for tourism locations, restaurants and shops!

Make the most out of every Toronto moment with Pass TO Savings. This free mobile pass gives you up to 20% off the city's top attractions, tours and more. Please visit the Destination Toronto website to sign up

<https://www.destinationtoronto.com/things-to-do/pass-to-savings/>



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Reporting Incidents

There will be Event Security present at the facility. They can be contacted by request via any OVA Referee Development Team Member (look for green shirts and black vests), OVA staff or Enercare Centre staff member. In the event of an emergency please call 911. The event tournament office is in room 105 in the main Galleria of Enercare if an OVA staff person is required.

Event Staff

If you have any questions or concerns that aren't covered within this Handbook, or if a problem arises on site, our Event Staff will be happy to assist you. Event Staff can be contacted using the above hotline phone numbers or can be found onsite in Room 105.

Our Ontario Championships Tournament Directors are:

Carrie Campbell – Manager of Indoor Programs
Mark Wiersma – Youth Competitions Lead
Jacob Barker – Youth Competitions Coordinator
Alishia Lidums – Director of Operations

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The Team Handbook is a comprehensive guide to the 2023 Ontario Championships. It includes information regarding registration, competition rules and general tournament information. All teams are responsible for reviewing and understanding all information contained in this Handbook as well as the 2022-2023 OVA Youth Competitions Manual, and the 2022-2023 Volleyball Canada Rule Book.

ELIGIBILITY AND REGISTRATION

1.0 INDIVIDUAL REGISTRATION

1.1 Membership: All players, coaches and team staff must be registered members in good standing with the OVA before they are eligible to participate in any activities associated with the OVA. Membership provides insurance coverage. If a player or team staff member participates in an OVA-associated event without having paid an OVA membership fee, a fine will be charged to the associated Club and they will be placed in bad standing until the fine is paid in full. Any results or team finishes where an unregistered player has been listed on the score sheet may be forfeited.

- A player can only register and participate with one (1) Club
- ANY person sitting on the bench at an OVA competition MUST be a registered member of the OVA. This includes coaches, team staff, managers, trainers, etc.
- OVA Memberships are non-refundable

OVA members must be residents of Ontario. Any exception to this must have the approval of the OVA, Volleyball Canada and the provincial/territorial governing body where the individual resides. Contact the OVA office for further information and details of this membership approval process.

Please visit the OVA website www.ontariovolleyball.org for MRS registration procedures.

The full OVA membership policy can be found on the [OVA website](#).

2.0 TEAM REGISTRATION

2.1 Eligibility: All teams must meet the following minimum criteria to be eligible to participate in Ontario Championships:

- Fully registered as a Club team in good standing and may only use registered OVA members in good standing of that Club.
- All participants (including athletes and team personnel) must have completed the registration process through MRS. Only individuals that are properly registered and have a Respect in Sport certification number on their profile are eligible to participate in Ontario Championships.
- Have met the age division eligibility criteria for qualifying number events i.e., 2 events for TLS to 18U.
- Coaches meet the OVA Coach Eligibility Policy requirements.
- Meet any additional registration requirements of the OVA and Volleyball Canada.
- Any foreign team looking to participate must be registered and in good standing with their own National Federation.

An OVA representative in any capacity may request proof of age, OVA membership registration, or Coaches' Police Record Check/Vulnerable Sector Screening and or athlete proof of age at any time prior to or during participation in Ontario Championships.

2.2 Players: A team in any age category must have a minimum of 8 players and a maximum of 15 players registered on their official roster for TLS to 18U divisions. A maximum of 15 players can be in uniform, participate in the warm-up, and sit on the bench. However, only 14 players can be on the scoresheet for any given match. These 14 players registered on the scoresheet are the only ones eligible to participate in the match. The 14 players registered on the scoresheet may vary from match to match if no more than 14 take part in any given match. ([See 4.1.1 of the Rulebook](#)). Please note, the OVA rule varies from Volleyball

Canada's roster sizing for National Championships, in which only 12 players can be listed on the scoresheet.

In order to be eligible to participate in Ontario Championships, each athlete on the official roster must be registered as a Youth Recreational Player (4v4) or a Youth Competitive player with the OVA. Players can only appear on one roster.

All players must have one parent/guardian complete the Respect in Sport (RIS) module and have the certificate number entered in the athletes' profile in the OVA's Membership Registration System (MRS) prior to participating in Ontario Championships.

2.3 Team Personnel/Person(s) in Authority: These are the individuals responsible for the coaching and management of the team; all personnel must be registered with the appropriate Leader membership with the OVA.

Please note the following guidelines for the official roster for Ontario Championships:

- A maximum of 5 team personnel that can sit on the bench*
- A minimum of one (1) individual who must be the Head Coach
- Only those listed on the official roster are eligible to be on the score sheet and/or bench for any given match.

**Although the MRS allows for a maximum of twelve (12) team personnel, only five (5) of these individuals can be on the scoresheet and/or on the bench for any given match.*

The following is a list of the team personnel roles that are recognized at the Ontario Championships and who may be listed on the official roster.

- **Head Coach:** The person who is primarily responsible for coaching the team. This individual must meet all eligibility requirements in accordance with the OVA's Coach Eligibility Policy. Each team must have one (1) Head Coach listed on their official roster.
- **Assistant Coach:** The person(s) responsible for assisting in the coaching of the team. This individual must meet all eligibility requirements in accordance with the OVA's Coach Eligibility Policy. The assistant coach may only act in the role of Head Coach in extenuating circumstances and with prior approval of the OVA. Each team may have a maximum of three (4) assistant coaches on their official roster. Only assistant coaches with proper certification can replace a head coach on the scoresheet.
- **Team Trainer:** The person(s) responsible for assisting the team with any medical issues.
- **Team Manager:** The person(s) responsible for pre-event and on-site administrative duties for the team and who acts as a liaison between the team and other parties (i.e., OVA, hotels, restaurants, etc.).

2.4 National Championship Rosters - Volleyball Canada uses the official team rosters from Ontario Championships for National Championships team check in and participation. Please ensure your roster in MRS matches who will be in attendance from OC's to National Championships. I.e., if a player is sick and you remove them from your roster for OC's at coach check in and/or MRS, they will not be eligible to play at National Championships. Please keep them listed on your roster and just scratch them on the scoresheet at Ontario Championships.

2.5 Registration: Registration for Ontario Championship will open for teams registering in their applicable age division as outlined in the 2022-2023 Youth Competitions Manual.

2.6 Official Roster: Lock The roster lock date in the MRS is February 1, 2023.

2.7 Roster Exemption Request - Changes made to the official roster following the February 1st roster lock date will only be considered under exceptional circumstances. All changes must be made in writing to the appropriate age division OVA Program Coordinator for approval. There will be a \$50+HST change fee per player on a change request.

- A Club will be fined \$150 per occurrence if found to have unregistered/ineligible players, coaches and/or team staff on their bench and results may be forfeited.
- For this reason, it is recommended that teams register more than the minimum number of participants on their official roster since only those on this roster can participate in a VC Championship.

2.8 OVA Champs App Team Roster

All teams must upload their team photo and fill in their event roster at the team level in MRS to enter jersey numbers, positions (if applications), and height and upload their team photo by March 1, 2023 to have their team uploaded in the OVA Champs App in the “team” section.

Steps for Editing and Uploading your Team Roster and Photo

1. Login to MRS <https://mrs.ontariovolleyball.org/Account/Login>
2. On your homepage, click on your team name under the “Teams” section
3. Ensure that your roster is correct (all coaching staff and athletes that will be participating in Ontario Championships are listed)
4. Click “edit roster”.
5. On the Edit roster page, all the athletes' names are pre-populated – all you need to do is enter all required roster information.
6. Click “Upload Team Photo”. Select your photo and click “Open”.
7. Once all information has been entered and you’ve uploaded your .jpeg file, hit save.
8. That’s it, you are done!

Please note: If an athlete or coach is missing from your team, they will not show up on the “Edit Roster” page. Prior to editing your roster, click “Add member” and enter the first and last name and select the member you want to add to your team. Once the roster is correct, then click “Edit Roster” and enter all required information and upload your team photo.

If you need assistance, please reach out to the OVA’s Membership Services Coordinator at info@ontariovolleyball.org or 416-426-7132.

2.9 Refund Policy: The OVA will deduct a 10% administrative fee from all refund/cancellation requests for any OVA Indoor Ontario Championship event, cancelled prior to the registration deadline.

There will be no refund or credit issued for any cancellation requested after the registration deadline up until 21 days prior to the first day of the Championships.

There will be no refund or credit issued and the team will be fined \$200.00 for any cancellation requested within 20 days up to 8 days prior to the first day of the Championships.

Any cancellation within 7 days of the Championship will result in loss of the Championship entry fee and the team is fined \$300.

Failure to pay the fine within five (5) business days will result in the Club becoming members in bad standing and the Club teams will not be allowed to participate in any OVA event until the fine is paid in full.

All cancellation or refund requests must be made in writing to the OVA Program Coordinator responsible for the tournament age division.

Note: Any cancellations initiated by the OVA will be 100% refunded.

For the full policy, [click here](#)

3.0 PLAYER REGISTRATION

Player: An athlete playing volleyball who is registered with a team.

3.1 Multiple Teams: A player can register and play with more than one team within the same Club. However, the player must declare which roster they wish to be on for Ontario Championships prior to the OVA roster lock date. Athletes can only play in one Championship event for 2023.

3.2 Multiple Ontario Championships: Athletes are not eligible to participate in more than one Ontario Championship event in 2023. I.e. A player cannot compete back-to-back in different age groups during the 6-day tournament. A player cannot play the first three days of a six-day tournament, take one day off, and play for the final two. If a player is found in violation of this

rule, they are deemed **an ineligible player** and any matches he or she has participated in will be forfeited for that team.

3.3 Ontario Volleyball recognizes the following age categories for competitions in the 2022-2023 season:

DATE OF BIRTH	4V4 RALLYBALL	6V6 RALLYBALL	TLS
2008 = 15yo (July 1, 2008, to December 31, 2008)	No	No	Yes
2009 = 14yo	No	Yes	Yes
2010 = 13yo	Yes	Yes	Yes
2011 = 12yo	Yes	Yes	Yes
2012 = 11yo	Yes	Yes	Yes*
2013 = 10yo	Yes	Yes*	Yes*

*Please note: 2013 and 2012 DOBs are permitted to participate in 6v6 Rallyball if developmentally appropriate, however, it is strongly encouraged that these athletes experience the full development spectrum as identified in the ECI.

Age Category	Chronological Age Class
15 & Under	Born 2008 or later
16 & Under	Born 2007 or later
17 & Under	Born 2006 or later
18 & Under	Born 2004 or later

Age Category	Extended Age Class
15 & Under	Born between September 1st 2007 and December 31st 2007
16 & Under	Born between September 1st 2006 and December 31st 2006
17 & Under	Born between September 1st 2005 and December 31st 2005
18 & Under	Born between September 1st 2004 and December 31st 2004

3.4 Playing Restrictions for Athletes Included in the Extended Age Categories in the 15U-18U Divisions

Athletes who are registered in an age category based on the Extended Age Class can only be registered and listed on a team roster for that single age category. They are not permitted to move up or down an age category as an individual. They are permitted to move laterally within the age category that they are registered in or they can play up an age category if their entire team is playing up.

- **Extended Age Category Example:** Linda was born September 5, 2007. She plays for the 15U Girls Division Blue Spikers team. Linda is permitted to move laterally within the age category and play for the 15UG Division Red Spikers team. She is not permitted to play on the 16U Division Spikers or TLS Division Spikers.
- **Example:** Steve was born November 10, 2006. He plays for the 16U Division Boys Hitters. The 16U Division Boys Hitters register for the 17U McGregor Cup. Steve is permitted to play in the 17U event as part of the 16U Hitters team. Steve is not permitted to play in the 17U event as part of a 17U Hitters.

Athletes with birthdates in the Extended Age Class but who are registered with a team based on the Chronological Age Class are not permitted to move down an age category.

- **Example:** John was born November 25, 2006. He plays for the 17U Boys Vikings. John is permitted to move laterally within the age category and play for the 17UB Red Vikings and play up on the 18U Vikings. He is not permitted to play on the 16U Vikings.

4.7 19U Eligibility

Athletes born in 2004 are eligible to compete in 18U OVA tournaments including the Ontario

Championships provided they are not a part of any OCAA, OUA, USports, or CCAA Volleyball team for the 2022-2023 season. Redshirt athletes are permitted to play in the OVA.

- Examples of athletes who are NOT permitted:
 - Any athlete who has been listed on a volleyball roster at any time, this includes athletes who have ceased attending the post-secondary school for any reason during the current season.
- Each 19U athlete will be responsible for signing and submitting a declaration form confirming their status as an eligible player:
 - https://ontariovolleyballassociation.formstack.com/forms/19u_athlete_information_form
- An 18U team can have an unlimited number of 19U Athletes for OVA competition.

*ONLY 2 19U athletes are permitted on a 18U roster for Volleyball Canada's National Championships. Please click here for information on Volleyball Canada's Nationals Information. <https://volleyball.ca/en/competitions/>

4.0 COACH REQUIREMENTS

4.1 2022-2023 Coaching Eligibility Requirements

MANDATORY ELIGIBILITY REQUIREMENTS FOR OVA COACHES

All individuals involved with youth athletes must complete the following requirements prior to their registration as an OVA member in a Coach or Club Technical Director role. These requirements apply to all individuals in those roles, regardless of certification status, experience, or years of involvement:

- Abide by the OVA Screening Policy
 - Submit a Level 2 Criminal Record & Judicial Matters Check (CRJMC) or Enhanced Police Information Check (E-PIC) completed within 3 years
 - Complete the OVA Screening Disclosure Form via MRS registration
- Complete the following training
 - Making Head Way (Free)
 - Coaches Association of Canada Safe Sports Training (Free)
- It is highly recommended that all coaches complete the anti-racism course "Call It Out" provided free by the Ontario Human Rights Commission.

All individuals registering in a Head Coach or Club Technical Director role must also complete the following training prior to their registration as a member of the OVA.

- Foundations of Volleyball (\$89)
- Making Ethical Decisions Online Evaluation (\$85 or free if course was completed)

It is the responsibility of OVA Clubs to verify the eligibility of their coaches prior to registering them as members and listing them on their Club Information Form at the start of the season.

Individuals who have not completed the above requirements are not eligible to be registered as an OVA member in the following roles: Assistant Coach, Head Coach and Club Technical Director.

***Coaches attending Nationals should check Volleyball Canada's Coach Certification Policy to verify compliance**

COMPETITION REGULATIONS

This section deals with the rules and regulations which govern Ontario Championships beyond the indoor rulebook. In addition, general information and guidelines for participants and spectators is covered here. **PLEASE NOTE:** all regulations in the 2022-2023 Youth Competitions Manual are still in effect.

5.0 TEAM CHECK IN

5.1 Team Check In

The OVA will be running a **mandatory** team check in the evening prior to day one of each competition for all AM wave teams. The morning check-in on day one (1) of competition **is for PM wave teams only.**

Team check in and team package pickup will take place by **Café Soleil** in the **east end** of the **main Galleria hallway below Hall C and D.**

Team check in will take place on the following days/times:

EVENT	DATE	TIME	NOTES	DIVISIONS
EVENT 1: APRIL 19-21 st	Wednesday April 19 th	5:00- 10:00PM	Mandatory: All AM wave teams must check in on Thursday evening prior to 10:00pm to be eligible to compete	TLS Girls D1 & D2 15U Girls D1 & D2 15U Boys D1 18U Girls D1 18U Boys D1 & D2
	Thursday April 20 th	10:30AM- 3:30PM	Mandatory: All PM teams must check in prior to 3:30PM on Thursday to be eligible to compete	6v6 Boys D1 TLS Girls D3 & D4 15U Girls D3 & D4 18U Girls D2 & D3
	Thursday April 20 th	5:00- 10:00PM	Mandatory : 4v4 Boys only – check in at OVA headquarters Room 105.	4v4 Boys

EVENT	DATE	TIME	NOTES	DIVISIONS
EVENT 2: APRIL 22-24 th	Saturday April 22 nd	12:00- 6:00PM	Mandatory: All AM wave teams must check in on Saturday evening prior to 6:00pm to be eligible to compete on Sunday.	4v4 Girls D1 6v6 Girls D3 D4 TLS Boys D1 16U Girls D1 & D4 17U Girls D1 17U Boys D1
	Sunday April 23 rd	10:30AM- 3:30PM	Mandatory: All PM wave teams must check in prior to 3:30pm on Sunday to be eligible to compete	6v6 Girls D1 & D2 16U Girls D2 & D3 16U Boys D1 17U Girls D2 & D3

5.2. All teams must check in during their published check in time. If necessary, AM teams can request late check in for the morning of their tournament. The deadline to request late check in is April 16, 2023 and a fee of \$50 + HST is to be paid onsite. Teams that request late check in must do so before their first match to pick up their roster in room 105. Please contact Kelvin Cheng at kcheng@ontariovolleyball.org for more information.

Please fill out the form here to request late check-in:

<https://ontariovolleyballassociation.formstack.com/forms/ocslatecheckin2023>

Any team that does not check in prior to their first match is subject to a fine of \$150. The team will not be allowed to participate until the team is fully checked in and the fine is paid in full. Any matches completed prior to checking in will be recorded as forfeited.

5.3 Only team personnel on the official team roster can check in their team and pick up their team package. Players are not required at check in. If a member of team staff is not able to

attend team check in, another team representative may do so in their place (i.e. a team manager or parent team contact), however, they must provide written consent from a member of the team personnel.

The team package includes all weekend accreditation badges (required for team coaches, players, and team personnel to gain access to the court areas), coupons, giveaways, Award of Excellence medals, etc.

- 5.4** The Head Coach/Team designate completing check in will be required to perform the following duties at check in:
- Scratch all team personnel and players from the official roster who are not participating in the event
 - Sign off on the roster confirming its accuracy for the duration of the competition
 - Provide local contact information and hotel details (if applicable)
 - Pick up Award of Excellence medals
 - Provide written acknowledgment that the team understands and must compete at Ontario Championships as per the following:
 - 2023 OVA OC's Team Handbook
 - 2022-2023 Youth Competition Manual
 - 2022-2023 Volleyball Canada rulebook
 - VC/OVA Concussion Protocol
 - OVA Code of Conduct
 - Respect in Sport training requirements

Athlete proof of age checks will not be completed during the coach check in process. However, the OVA reserves the right to verify the age of any players on the official roster at any time during the event. Therefore, coaches must carry proof of age of all players throughout the entirety of the event.

- 5.5** The Head coach/Team representative will receive an approved roster upon completion of check in. The Head Coach must always keep the approved roster on hand for verification by tournament officials.

- 5.6 Coaching Cards and Proof of Certification** - NCCP coaching certification status may be requested at check in. All head coaches will be contacted prior to Ontario Championships regarding their certification requirements. Failure to meet certification requirements will result in the coach not being allowed to coach at the event.

All teams must field one eligible head coach in order to compete. If a head coach does not meet the requirements, they must be replaced by another coach that is fully eligible for the head coach role.

To print out a copy of your NCCP transcript to have with you at all times, please visit:
<https://thelocker.coach.ca/account/login?ReturnUrl=%2f>

6.0 RULES OF THE GAME

The Volleyball Canada Rule book and Youth Competition Manual for 2022-2023 will be in effect unless otherwise noted.

Participants, coaches, and team representatives are subject to and must obey all rules, policies and procedures of the Ontario Volleyball Association.

6.1 Fair Play Rule

- Any player on the starting scoresheet who does not start the first set must start the second set.
- In the case of a team with less than 12 players on the game roster, players who played the first set and who are starting the second set can be substituted at any time during the second set (**Ontario only**).
- In the case of an injury, an Exceptional Substitution may be made. The injured/ill player may not return to the same set but may return to play in subsequent sets.

- Fair Play Clarification due to addition of 14 player roster:
 - Only 14 players can be on the scoresheet for any given match. These 14 players registered on the scoresheet are the only ones eligible to participate in the match. The 14 players registered on the scoresheet may vary from match to match.
 - 12 different players must start either the first or second set there are no restrictions on who can play in the third set. The remaining 2 players MUST start the third set or start the first set of the next match.
- A player who did not play the first set cannot be substituted in the second set.
- Substitutions follow the normal substitution rules. Twelve (12) sub limited (one entry and one exit per player) rule will be in effect for the third set for 6v6 rallyball-15U and 6 sub limited for 16U.
- Fair play rules will be in effect for the following age divisions:
 - 6v6 Rallyball Boys and Girls.
 - TLS Boys and Girls.
 - 15U Boys and Girls for pool play matches only (including Day 1 & 2 of Ontario Championships) (**Ontario only**).
 - 16U Boys and Girls for pool play matches only in the Trillium Divisions at regular season events (does NOT include Ontario Championships) (**Ontario only**).
 - Note: The libero is considered as a starting position within the fair play rule.

Note: Please check Volleyball Canada’s National Championship Competition Manual for Fair Play rules as they may differ from the above.

6.2 Playing on sport court

The playing area includes the playing court and the free zone. Each team must play within its designated playing area.

Sport Court: The area beyond the edge of the sport court is designated as a non-playing zone. Therefore, the last point of contact prior to contact with the ball must be on the sport court and the player must always play the ball on the sport court tile.

Examples:

1. One foot on the sport court, one foot on the cement while playing the ball = play is whistled dead
2. Jump in the air, play the ball, and land off the sport court = play is whistled dead
3. Leave the playing area and step on a chair and play the ball = play is whistled dead
4. Play the ball on the sport court, the momentum of the athletes carries them off the court = play continues.

Any service action must be initiated with at least one foot in contact with the Sport Court.

These rules are in place to minimize the risk to the athletes.

6.3 Game Day Scheduling: The Tournament Director has the authority (in consultation with coaches and the Head Referee) to move matches ahead and/or move matches to a different court than scheduled, to avoid delays and shorten the length of the tournament day.

6.4 Assignment of Officials

Age Category	Cup Tournaments	Ontario Championships
4v4 Rallyball	First Officials will be provided for pool play and playoff matches at all OVA tournaments.	First Officials will be provided for pool play and playoff matches.
6v6 Rallyball	First Officials will be provided for pool play and playoff matches at all OVA tournaments.	First Officials will be provided for pool play and playoff matches.
TLS	First Officials will be provided for pool play and playoff matches at all OVA tournaments.	First Officials will be provided for pool play and playoff matches.

15U	First Officials will be provided for pool play and playoff matches at all OVA tournaments.	First Officials will be provided for pool play and playoff matches.
16U	Premier: First and Second officials will be provided for pool play and playoff matches. Select, Championship & Trillium: First Officials will be provided for pool play and playoff matches.	Division 1 Tier 1 Single official will be provided for all pool play matches on Day 1 and 2 and double officials for playoff matches on Day 3. Lines people will be provided for D1/T1 medal matches on Day 3*. All other divisions/tiers: Single official for all matches.
17U	Premier: First and Second officials will be provided for pool play and playoff matches. Select, Championship & Trillium: First Officials will be provided for pool play and playoff matches.	Division 1 Tier 1 Single official will be provided for all pool play matches on Day 1 and 2 and double officials for playoff matches on Day 3. Lines people will be provided for D1/T1 medal matches on Day 3*. All other divisions/tiers: Single official for all matches.
18U	Premier: First and Second officials will be provided for pool play and playoff matches. Championship & Trillium: First Officials will be provided for pool play and playoff matches.	Division 1 Tier 1 Single official will be provided for all pool play matches on Day 1. Double officials will be provided for playoff matches on Day 2 and 3. Lines people will be provided for D1/T1 Ontario Championships medal matches on Day 3*. All other divisions/tiers: Single official for all matches.

**Dependent on number of referees available on event day.*

6.5 Lining and Scoring:

All teams will be responsible for providing minor officials to line and score their own matches.

6.6 Warm Up Protocol

The hitting warm-up is an important part of game preparation; however, it does come with some inherent risks for both athletes and spectators. To reduce these risks, teams **must follow** these warmup guidelines during Ontario Championships:

- When one team has exclusive use of the court, the other team must either be at its team bench, out of the playing area or shagging balls for the opposing team (optional).
- Warming up with balls at the team bench, behind the court, or in the spectator walkways is not permitted.
- Athletes should not be crossing under the net during hitting warmups into the direct path of the balls.
- Athletes should run around the outside of the court to retrieve balls.
- Designate one side of the court as the attacking side and ask spectators to avoid sitting in the path of the attackers.
- Hitting should be directed away from courts with active games and from spectator seating areas, if possible.

Warm-up Protocol – (5-5): For all matches except for the 18U Girls and Boys Division 1 Tier 1 tournament

- Five (5) minutes of exclusive court time for serving Team
- Five (5) minutes of exclusive court time for the receiving Team
- No shared hitting and serving

Serving team warm-up (5 mins)	Referee(s): Whistle start of the 5 min warm-up for serving team. Conducts instructions for score keepers and lines persons, inspects equipment and playing surface.
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	Teams: Serving team has entire court; receiving team is off the court with NO volleyball use (suggestion - The receiving team may help shag balls during the serving team's warm up).
Receiving team warm-up (5 mins)	Referee(s): Whistle the end of the 5 min warm-up for serving team and start of the 4min warm-up for receiving team. Line ups are collected from both coaches. Teams: Serving team has entire court; receiving team is off the court with NO volleyball use (suggestion - The receiving team may help shag balls during the serving team's warm up).

6.7 Hitting Warm Up Protocol

To reduce the incidence of injuries and concussions during warm-up and to further align with Volleyball Canada, updates have been made to the OVA's warm-up protocol. This protocol is to be followed by all teams during the designated on-court warm-up time:

- Designate one side of the court as the attacking side and ask spectators to avoid sitting in this area.
- Hitting should be directed away from courts with active games and from spectator seating areas.
- Any ball from the receiving side of the court, entered to the attacking side, must be entered from outside of the court. Coaches are no longer permitted inside the 3m line.
- Retrieved balls must be returned along the sidelines of the court and not through the receiving court.
- If the team is using both sides of the court, i.e., full court game type activity – only one ball can be in play at any given time.
- Opposing teams are not permitted to use volleyballs in the free zone during the other team's allocated court time. It is recommended for the opposing team to support the retrieval of volleyballs for the team on the court.
- Athletes should not be crossing under the net during hitting warmups into the direct path of the balls.

RECOMMENDATION: The team that is not participating in the hitting warm up retrieves the balls for the on-court team.

6.8 Ball Free Warm Up Zone

One ball free warm up zone have been designated in Heritage Court. Please look for the large ceiling signage to direct you to the area.

Running is permitted within these areas. No ball handling is permitted in this area. Please be respectful of the teams playing matches on the courts next to the warm-up areas. No screaming, team cheers, or major distractions should be taking place in this area. It's strictly for running warmups. This is an unsupervised area enter at your own risk.

- 6.9 There is no **warming up in the hallways or main galleria**. No volleyballs are allowed anywhere except on the playing courts. If a volleyball hits an overhead sprinkler, the alarm will sound, and the **entire facility will need to be evacuated** and play will be suspended until the fire department gives OVA staff the approval to re-enter the building. Please use the designated warm up area indicated above. Participants risk losing their volleyballs to security or Enercare staff if they do not abide by this rule.

6.10 Default Procedure

If a team is not in attendance for their scheduled match time, and it has been confirmed by the area supervisor/host that they are not currently playing another match at the facility, the referee will wait 10 minutes from the start time and then call a default for the 1st set. The referee will wait another 10 minutes, and if the team does not show up, they forfeit the match. The onsite team will win the match 25-0, 25-0 for 2/3 matches and 25-0, 25-0, 25-0 for 3/5 matches.

7.0 PROTESTS

7.1 Protests - Any protest or appeal at Ontario Championships will be overseen by a Competition Jury, composed of any three of the following:

- Area Supervisor
- The Head Referee or approved designate
- OVA Staff Member or approved designate

The Competition Jury has the highest level of authority at the event and its decisions take precedence and cannot be appealed. They are in place to evaluate complaints and render decisions regarding issues that arise about the event organization and all technical matters. The Competition Jury may be called upon to make decisions on, but not limited to any of the following matters:

- Competition protests
- Player eligibility
- Uniforms
- Spectators
- Playing surface/area

The Head Official or approved designate will assume the role of Jury Chairperson.

7.2 The following types of issues can be protested or appealed:

- An improper decision by the referee who did not apply the rules or regulations.
- An improper decision of the scorer who made a mistake on the rotational order or on the score.
- Please note that **judgement calls cannot be protested**. A referee's decision regarding a playing action (i.e., ball handling or misconduct) cannot be protested.
- The protest will be accepted or rejected prior to the resumption of play by the Competition jury.

7.3 To officially protest or appeal a decision, the captain must launch the protest **immediately** to the first referee who will then indicate to the scorekeeper that a protest has been initiated. The scorekeeper will be responsible for notifying the area supervisor, who will contact the Head Official.

7.4 In the case of an incident during a match, the protest must be requested at the moment the incident occurs and before play resumes. Please remember that NO match will be replayed, as protests must be placed the moment of the incident.

In the event of a protest, the following will occur:

- The referee will notify both teams that there is a protest.
- The coach of the protesting team will be reminded that they must pay the \$100 protest fee via the MRS system post match and the Head Ref is to record the protest.
- Both teams will be asked to stay on the court until the final decision is rendered.
- The Chairperson of the Jury will convene the jury.
- The jury will interview the coach of the protesting team.
- The jury will interview all involved parties, as they see fit i.e., opposing coach, official, captain, athletes, etc.
- The jury will deliberate and render a decision.
- The chairperson of the jury will inform all parties involved of the decision made.
 - Refusal means that the point, game or match result stands as played.
 - Acceptance involves replaying of the event in whole or in part depending on the judgment of the Jury.
- Once the match has ended, the captain must describe the incident on the scoresheet or on a paper to be attached to the scoresheet before he signs off the scoresheet.

Note: Judgement calls are not permitted to be protested (i.e. ball handling)

8.0 EQUIPMENT AND MATERIALS

8.1 Official Game Balls

- MVA Lite - 4v4 Rallyball
- Mikasa VQ200W-OVA - 6v6 Rallyball, TLS and 15U
- Mikasa V200W - 16U-18U

8.2 Net Height

Age Category	Girls	Boys
4v4 RB*	2.10m	2.20m**
6v6 RB	2.15m	2.20m
TLS	2.15m	2.20m
15U	2.20m	2.35m
16U	2.24m	2.35m
17U	2.24m	2.43m
18U	2.24m	2.43m

*RB = Rallyball **COED Net Height

9.0 TOURNAMENT FORMAT

9.1 Tournament Draw

Ontario Championships are a two (2) day event for the 4v4 divisions with pool play on day 1 and playoffs on day 2.

The 6v6-18U divisions are 3-day events with pool play on day 1, power pools on day 2 and playoffs taking place on day 3.

The 18U division 1 will have a modified high-performance format with 3/5 matches and limited matches per day. The rationale for the format is to:

- Continue to expose teams to a higher level of competition
- Emphasize like competition with heavily weighted must win situations
- Allow for match preparation, including rest and recovery periods and scouting opportunities for game planning
- Create spotlight matches with an increased level of media exposure as well as exposure to a dynamic playing environment
- Provide 18U players with the match type they will experience at the next level (OUA, OCAA)

9.2 Draw Principles

Each Ontario Championships schedule varies from age category due to number of teams and number of courts. Many variables may affect how the tournament should be organized. Ontario Volleyball uses the below set of guidelines to determine how the draws will be structured.

- 4v4 teams will be guaranteed 5 matches for their 2-day event.
- All 6v6-18U teams are guaranteed a minimum of 7 matches at any Ontario Championship 3-day event (6 for 18U Division 1).
- Matches are best two of three in pools with 4-5 teams.
- Matches are three straight sets to 25 in a pool with 3 teams.
- Matches are two straight sets to 25 in pools with 6+ teams.
- Matches will be 3/5 for the 18U Division 1 Championships on day 2 and 3.

9.3 Wave Times

Each Ontario Championships schedule is broken down into two (2) waves per day:

- A morning wave which runs from 7:30am to 2:30pm
- An afternoon wave which runs from approximately 3:00pm to 10:00pm

2023 Ontario Championship AM/PM Wave Schedule	
Event #1: April 20 – 22, 2023	Event #2: April 23 – 25, 2023

<p>Event #1: Day 1 & 2 AM WAVE (7:30am – 2:30pm)</p> <ul style="list-style-type: none"> • *4v4 Boys/Coed D1 (17 Teams) • TLS Girls D1 (32 Teams) • TLS Girls D2 (32 Teams) • 15U Girls D1 (32 Teams) • 15U Girls D2 (32 Teams) • 15U Boys D1 (45 Teams) • **18U Girls D1 (16 Teams) • **18U Boys D1 (16 Teams) • 18U Boys D2 (15 Teams) • Sitting Volleyball 	<p>Event #2: Day 1 & 2 AM WAVE (7:30am – 2:30pm)</p> <ul style="list-style-type: none"> • *4v4 Girls D1 (29 Teams) • 6v6 Girls D3 (28 Teams) • 6v6 Girls D4 (16 Teams) • TLS Boys D1 (35 Teams) • 16U Girls D1 (32 Teams) • 16U Girls D4 (16 Teams) • 17U Girls D1 (32 Teams) • 17U Boys D1 (38 Teams)
<p>Event #1: Day 1 & 2 PM WAVE (3:00pm – 10:00pm)</p> <ul style="list-style-type: none"> • 6v6 Boys D1 (25 Teams) • TLS Girls D3 (32 Teams) • TLS Girls D4 (32 Teams) • 15U Girls D3 (31 Teams) • 15U Girls D4 (28 Teams) • 18U Girls D2 (32 Teams) • 18U Girls D3 (31 Teams) 	<p>Event #2: Day 1 & 2 PM WAVE (3:00pm – 10:00pm)</p> <ul style="list-style-type: none"> • 6v6 Girls D1 (32 Teams) • 6v6 Girls D2 (32 Teams) • 16U Girls D2 (32 Teams) • 16U Girls D3 (31 Teams) • 16U Boys D1 (43 Teams) • 17U Girls D2 (32 Teams) • 17U Girls D3 (25 Teams)
<p>Day 3 – All teams have the potential to start at 7:30am</p>	

- *We will do our best to run on schedule, however unforeseen events may cause the tournament to run later than expected.*
- *If a court is running behind, the Tournament Director reserves the right to move matches to another court to make up time.*

10.0 DIVISIONAL PLAY AND SEEDING

10.1 Division Size

- The preferred size for a division is 32 teams.
- The minimum size for a division is 6 teams.
- The maximum size for a division is 48 teams.

10.2 Seeding

Ontario Championships seeding is based on the average of a team's top two (2) results from the current season in the age group they are competing in. The final regular season rankings will be used to break any ties in OC's seedings. Region 1 teams who did not compete in a regular season event will be treated on a case-by-case basis when it comes to their division/seed at the Ontario Championships.

Teams in the 4v4 Division have a random seed.

10.3 Tie Breaking Procedure for Ontario Championships Seeding

Seeding for the Ontario Championships will be determined by an average of a team's top two (2) results from the season. If two or more teams are tied, then the following steps will be followed in order until all ties are broken:

- A team's point average from the current season in the age category
- The number of OVA events the team has participated in their age division
- A team's result in the most recent OVA event in the age category
- A team's result from the second most recent event in the age category
- A team's result from the third most recent event in the age category
- A team's result at the previous Ontario Championships in the age category one year below
- A team's seed going into the previous Ontario Championships in the age category one year below
- Coin Toss

10.3 Tournament Tie breaking procedures for Pool Play Ranking

If two or more teams, within a pool, are tied at the end of the preliminary round, the following will be applied in order until all ties are broken, and all tied teams are ranked. This means that if there is a tie among teams X, Y & Z and criteria b) is able to determine X as first, Y as second and Z as third, then no further criteria is needed. However, if criteria b) determines X as first (or third) and there is still a tie between Y & Z, then the ranking of the remaining teams will be determined by proceeding to criteria c) and so on, if necessary. Continue through the sequence of criteria and DO NOT start at a) again.

- a. The team having the best ratio of won/lost matches, considering matches played between the tied teams, will be ranked higher*
- b. The team having the best ratio of won/lost games, considering matches played between the tied teams (this includes the 3rd team regardless if they were eliminated from the process during step a), will be ranked higher*
- c. The team having the best ratio of won/lost games, considering all matches of the round, will be ranked higher
- d. The team having the best ratio of points for/against, considering games played between the tied teams, will be ranked higher
- e. The team having the best ratio of points for/against, considering ALL games played during the round robin, will be ranked higher
- f. Coin toss by the tournament director and head official in the presence of team representatives

*Note: Step a and b only take the tied teams results into account during the breaking process. Do not include the results from the teams not included in the tie

11.0 CODE OF CONDUCT AND DISCIPLINE

11.1 Code of Conduct

The [2022-2023 Volleyball Canada Indoor Rulebook](#) details Code of Ethics for Referees, the Code of Conduct for all participants, Anti-Doping Policy and Disciplinary Action that must be followed; any breach of these policies are subject to fines and/or sanctions.

In addition, the [Ontario Volleyball Code of Conduct](#) must be followed by all participants, including parents and spectators. Anyone found in violation of the OVA Code of Conduct may be asked to leave the tournament and may face additional sanctions. All coaches must also abide by the [OVA Safesport Person In Authority Code of Conduct](#).

11.2 Tailgating

Any tailgating by parents and/or spectators in the parking lot which involve consuming alcohol will be reported to Security and/or the local police.

11.3 Sanctions

This is meant to serve as a reminder of the Code of Ethics for Referees, the Code of Conduct for Participants, as well as guide to the referees in the appropriate measures for applying sanctions

Participants should recognize that individual officials have a varying perspective on what degree of conduct may or may not be considered within a normal emotional reaction. The following scenarios are examples of actions that **must** be addressed appropriately by the first referee through sanctioning:

- Verbal comments or gestures by participants directed at any member of the referee corps regarding a decision
- The use of profane or foul language that is loud enough to be heard by participants, regardless of where the language is directed
- A team member either sitting on the bench or staying in the warm-up area, protesting or contesting the referee's decision
- When a ball (or object) is thrown, kicked or deflected in anger by any participant

The match referee does have the ability to determine the extent of the offence. If considered minor misconduct, the 1st referee may limit the sanctioning to a stage 1 (verbal) or stage 2 warning (yellow card). A stage 2 warning, while issued to a specific member of a team, serves notice that the entire team (by extension) has reached the sanctioning phase and any additional forms of misconduct will be addressed with at minimum, a penalty (red card).

Repetition of minor offences by the same team/individual in the same match must be sanctioned progressively.

Incorrect conduct by a team member towards referees, opponents, teammates or spectators is classified in three categories according to the seriousness of the offence. Sanctions are applied based on the following:

Rude Conduct: actions contrary to good manners or moral principles

Offensive Conduct: defamatory or insulting words or gestures or any action expressing contempt

Aggression: actual physical attack or aggressive or threatening behavior

Note: There does not have to be a stage 1 or 2 warning issued to an individual or team before the referee applies an appropriate sanction.

Note: In the instance of an expulsion or disqualification, the first referee must submit a separate report to his/her ROC and the Ontario Volleyball staff member responsible for referees. An expulsion or disqualification may result in further sanctions rendered per the OVA Discipline & Complaints Policy.

As per rule 21.4 of the VC rulebook, any direct unsportsmanlike communication or behaviour from team members on the bench towards the referees will automatically result in a Stage 2 misconduct warning, penalty, expulsion, or disqualification.

11.4 Minor Misconduct Scale

Stage 1 Warning: Verbal warning issued through the game captain

Stage 2 Warning: By use of a yellow card to the team member(s) concerned

This formal warning is not in itself a sanction but a symbol that the team member (and by extension the team) has reached the sanctioning level for the match. It is recorded on the score sheet but has no immediate consequences.

11.5 Sanctions Scale

Penalty (Rude Conduct): By use of a red card to the team member(s) concerned. The application of a penalty results in a point and service to the opponent

Expulsion (Offensive Conduct): By use of a red and yellow card (jointly) to the team member(s) concerned.

A team member who is sanctioned by expulsion shall not play for the rest of the set, must be substituted legally and immediately if on court and must remain seated in the penalty area with no other consequence.

An expelled coach loses his/her right to intervene in the set and must remain seated in the penalty area. Additional penalties may be applied as per the OVA Discipline and Complaints policy.

Disqualification (Aggression): By use of a red and yellow card (separately) to the team member(s) concerned.

A team member who is sanctioned by disqualification must be substituted legally and immediately if on court and must leave the Competition Control Area for the rest of the match with no other consequences. Additional penalties may be applied as per the OVA Discipline and Complaints policy.

Please note, the Sanction Chart included as Appendix VI in the [OVA Youth Competition Manual](#) will apply at Ontario Championships

Note: The OVA reserves the right to sanction and fine teams and Clubs for items above and beyond the infractions listed above.

11.6 A Club or Team that is sanctioned in any way will be placed in bad standing with the OVA and Volleyball Canada. The Club or Team will remain in bad standing until any fines have been paid in full to the OVA and/or completion of required activities. While a Club or Team is in bad standing, they will not be able to participate in any further OVA or VC competitions or register for any events sanctioned by the OVA or VC.

11.7 Purple Card Policy: The Purple Card policy is in effect for all age divisions. Please see the [OVA Youth Competition Manual](#) for the full policy.

TOURNAMENT INFORMATION

12.0 STAY TO PLAY POLICY

12.1 Stay to Play Policy

Ontario Volleyball has instituted a Stay to Play policy to ensure availability of accommodations for all participants which will be managed by the Hudson Travel Group.

The Stay to Play policy is mandatory for OVA teams and is used to assist in actualizing the room night requirements for the OVA to receive discounted facility rentals as well as obtain grants through host cities to be able to afford large facility rentals. Without Stay to Play, the Association would not be able to obtain rentals for large facilities across Ontario to run Ontario Championships.

- All travelling teams (100kms+/one way) are required to book hotel rooms through Hudson Travel Group (HTG Sports) to be eligible to play in the tournament.
- The Clubs mailing address will be used to determine kms to Enercare Centre.
- A team must register in Ontario Championships to be eligible to book accommodations.
- A team will be issued a booking code upon registration, that will need to be used when booking through HTG Sports.
- A team can only block rooms for the events they have already registered in. They cannot pre-book other event dates, prior to registering in subsequent events.
- The hotel booking process will be phased in, to match the phased OC's registration.
- Ontario Volleyball offers exemptions from the Stay to Play policy for both teams and individuals under the following categories:

Proximity Exemption Request: If the team/athlete is based within the specified proximity distance from the competition venue or the team/athlete plans to stay with family or friends that resides within the proximity distance, the team/athlete may be eligible for an exemption from the policy.

Special Exemption Request: A Special Exemption Request will need to be completed for all other exemption requests. Requests will be considered on a case-by-case basis and will be reviewed by the Stay to Play Review Committee. This policy has been put in place to benefit teams, local event organizers and Ontario Volleyball alike. To request an exemption please complete the Stay to Play Exemption Form

Note: *If your Club falls within 100kms of Enercare Centre, you do not have to stay in the event hotels as you do not fall within the Stay and Play policy range. However, if your Club Team decides to book accommodations, the bookings must be made through Hudson Travel Group (HTG) to use the Toronto Tourism Hotel members. Hudson Travel Group holds all blocks at the hotels and will work with your Team to ensure your needs are met.*

12.2 Hotels Booking Link

[Click here](#) for the Hotel booking link for OC's 2023.

If you have issues while completing the booking process, please contact Melanie Rennick at: melanie@htgsports.com

12.3 Rooming List Deadlines - Teams must have their rooming lists and have released non-required rooms by February 22, 2023, to avoid penalty/loss of room block. Teams are encouraged to include parent/guardian room nights in original booking to ensure team rooms and parents rooms are at the same hotel.

13.0 ONLINE RESULTS

13.1 Advanced Event Systems (AES) – AES.com is available via smart phones or personal computers and laptops. To check results, please visit <https://www.advancedeventsystems.com/> → and select the tournament of your choice on the home screen.

All matches will be scored via paper scoresheets.

14.0 OVACHamps APP

14.1 OVA Champs App

The OVAchamps app offers everything you need to know for Ontario Championships right at your fingertips. Check results and schedules instantly, browse team rosters and photos, check out profiles of all our All-Stars and award winners! Plus, you can discover everything Toronto has to offer including where to eat, and what to see and do after your matches.

What are you waiting for? You gotta get the app! Search “OVAchamps” in the App Store or Google Play today!

15.0 AWARDS AND PRESENTATIONS

15.1 Awards of Excellence – 4v4-18U

All coaches will receive the Award of Excellence medal upon check in. Please note, Awards of Excellence presentations will be the responsibility of each individual team (there are no time slots or presentations scheduled for these awards on site). Please make arrangements within your team to present this award.

Please ensure that the OVA office has received your Award of Excellence ballot as the OVA will be posting the names of all Award of Excellence winners on the Ontario Championships website after the Championships have completed.

15.2 Grand Prix All Stars 2023: Will be given to select athletes from the 16U-18U divisions. These athletes will be highlighted prior to the Championships.

There will be no All-Star presentations done on site for 16-17U age groups. The 16U-17U All Stars must pick up their All-Star Package the OVA Headquarters in room 105.

The 18U All Star presentations will be run prior to the Ken Davies and Evelyn Holick Award Presentations on Thursday April 16 at 3:00pm in Hall G on the Awards stage.

15.3 Ken Davies and Evelyn Holick Award Presentations: These presentations will take place on Thursday April 20th at 3:00pm on the Awards Stage in Hall G. Winners will be announced prior to Ontario Championships and featured prominently on the OC’s website, App and social media channels.

15.4 Team Prizing

- Division 1, Tier 1 Champions
 - Championship banner
 - “Champion” T-shirts
 - Gold, silver and bronze medals
 - Hats (18U Division 1, Tier 1 only)
- Division 2-4, Tier 1 Champions
 - Divisional 2-4 Championship banners
 - T-shirt
 - Gold, silver and bronze medals
- Tiers 2 – Tier 4:
 - Gold, silver and bronze medals

15.5 Awards Presentations

The Awards presentations for all divisions and tiers will take place on the Awards Stage area in Hall G. Please ensure your team exits the stage swiftly to take advantage of the OVA backdrops beside the stage to capture your team photos.

VENUE INFORMATION

16.0 VENUE

16.1 Venue

This year, the Ontario Championships will take place in Toronto at the Enercare Centre at Exhibition Place, 100 Princes' Blvd, Toronto. For more information, visit their website: <https://www.enercarecentre.com/>

Enercare Centre is still open to the public during 2023 Ontario Championships and therefore, we ask teams to be respectful of the space. Please ensure your **teams are not blocking any walking spaces by leaving their bags or team equipment in open spaces.**

Meeting rooms are not to be used for team meetings or team storage rooms. Please respect the space.

16.2 Enercare Centre Parking

The Enercare Centre offers 5,800 parking spaces located adjacent to one of Toronto's main highways, the Gardiner Expressway, including 1,300 underground parking spaces.

Parking is available to the public in the following lots:

Enercare Centre Garage = 850, 851, 852, 853, 854, 855, 856, 857, 858, and 859

PLEASE [CLICK HERE](#) FOR PARKING RATES AT ENERCARE

Below is a map of the event area. It highlights the facility entrances, designated parking areas, taxi standing area and TTC/GO stops. When planning your trip, please be advised of the following:

- Park in designated parking areas only
- Surface parking lots are always open, and visitors can use the Pay and Display machines or Mobile Pay
- Open times for underground parking may vary
- Accessible parking spaces are located near the entrances to the lots and/or close to the pedestrian access points to buildings and event space
- Electric vehicles charging spots are located in the underground parking garage

For the most up-to-date parking rates please click here:

<https://www.explace.on.ca/visiting-us/getting-here/>

Forms of Payment

- Cash
- Credit Card
- Debit Card
- Green P Mobile App *except Lot 850/Enercare Parking Garage

Please follow these rules to avoid getting a ticket:

- Do not park in fire routes
- Do not park on any grassy areas or on marked no-parking lines
- Do not park in an accessible parking space if you do not have a permit
- Do not park in the quick drop-off/pick-up area

As you know, this is a huge tournament with thousands of people scheduled to be onsite. Please plan ahead and follow the parking rules to make your stay as enjoyable as possible. In addition, we recommend that teams carpool from their hotels to cut down on the number of vehicles at the facility.

Welcome to Exhibition Place



16.3 Food Services

Enercare Food Services – Food services will be located throughout Enercare Centre with the main food court being in Hall G. Food trucks as well as healthy food options will be available on site.

Satellite coffee and food stations will be set up in the main Galleria, Hall G and in Café Soliel. For the most up to date information, visit the OVA Champs App and <https://www.ontariovolleyball.org/ocs-foodservices>.

Food services ONLY ACCEPTS CARD PAYMNTS. NO CASH ACCEPTED. Please plan accordingly.

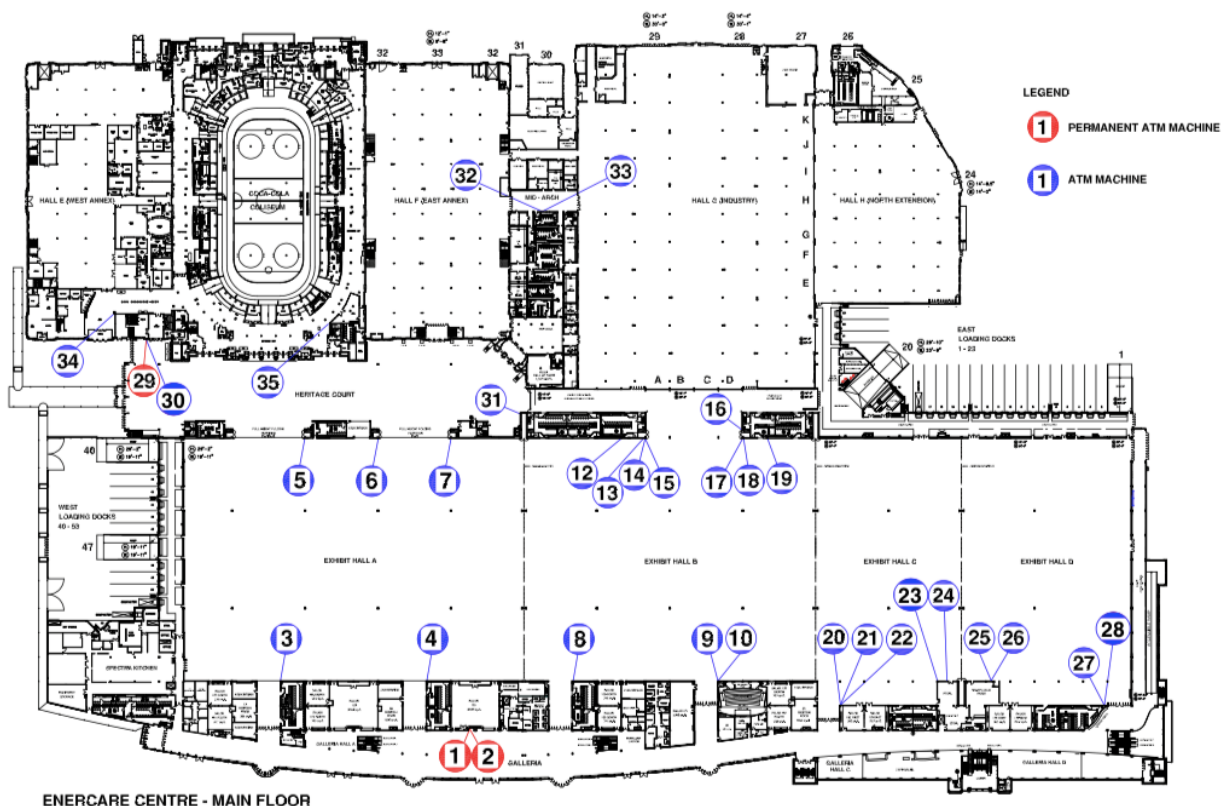
Reminder:

1. **No outside food permitted.**
2. No buffet style set ups permitted.
3. No coolers permitted.

For the most up to date information on food services, please visit the OVA website: <https://www.ontariovolleyball.org/ocs-foodservices>

15.4 ATM Locations

There are 3 permanent ATM machines located around Enercare Centre. Please review the map below to familiarize yourself with the locations. As a reminder, Enercare food services only accepts credit cards and debit cards.



17.0 GENERAL FACILITY AND OVA RULES

- 17.1** Crock pots, hot plates, “buffet tables” and coolers are not allowed to be set up and used in the facility. **THESE ITEMS ARE NOT ALLOWED TO BE BROUGHT INTO THE FACILITY AND WILL BE CONFISCATED BY SECURITY OR ENERCARE STAFF.** Participants are encouraged to use food services in Hall G and in the main Galleria.
 Remember to always clean up after yourselves
- 17.2** Food services only accepts credit card or debit cards. No cash.
- 17.3** The OVA, the City of Toronto and Enercare Centre staff are not responsible for lost or stolen personal items. Remember to always take your personal belongings with you and do not leave anything unattended.
- 17.4** **Lost and Found** - Any found items will be placed in the lost and found bins which are located at Info Booth East and Info Booth West. At the end of the event, all items will be turned into Enercare Security and will be held for 30 days. After 30 days, all unclaimed items will be disposed of. Please call 416-263-3333 to arrange for the pickup of lost and found items.
- 17.5** **UNATTENDED BAGS AND ITEMS WILL BE CONFISCATED BY SECURITY AND ENERCARE STAFF.**
- 17.6** As coaches and chaperones, we ask that you please supervise your athletes on and off the court in order to make it the most enjoyable experience for everyone.
- 17.7** As with most sporting events, spectators should enter at their own risk as volleyballs may leave the playing area at any time and may hit spectators. The Ontario Volleyball Association is not responsible for spectator injury incurred while watching volleyball matches. Please be aware of your surroundings.
- 17.8** The use of any type of noise makers (cowbells, air horns, drums, whistles, etc) is prohibited. Spectators will be asked to refrain from using these devices. If they continue to use them, they will be confiscated.
- 17.9** Only authorized photographers employed by the OVA for Ontario Championships are allowed on the playing area, sport court or stand between courts due to liability reasons. Parents and/or spectators are not allowed to be on the playing area, on the sport court or standing between the courts to take photographs. If they are found to be in violation of this rule, they will be asked to leave the prohibited area immediately. If parents/spectators disregard this rule multiple times, they will be asked to leave the venue by OVA Staff, Facility staff, the Head Official, Area Supervisors or the working referees.

17.10 Ontario Championships Travel Policy

Teams travelling more than 300km (one way) will be reimbursed at a rate of \$0.44/km per vehicle (maximum 2 vehicles) from the 301st km on. The distribution of subsidies may not exceed the total amount of travel subsidy fund, thus, depending on the number of teams that qualify, and the distances involved, funds may be distributed at a lower rate.

Click [here](#) to access the Team Travel Reimbursement form. All team travel forms must be received by May 31st to be included in the travel equalization cost sharing.

17.11 Tripod and cell phone use: The recreational use of cell phones or tripods on the bench is not permitted. The use of cell phones and other devices is permitted when collecting data.

17.12 Cameras & Tablet use for filming – Teams are permitted to record matches throughout the tournament, however, please note:

- a) Tripods are not permitted on the sport court.
- b) Cameras on tripods cannot be left unattended.
- c) OVA is not responsible for any damage to the camera or related equipment.
- d) OVA reserves the right to restrict/deny the filming of any matches for safety/any other reasons.

For any tournament related emergencies regarding scheduling, teams dropping out last minute, etc, during the weekend of play, please contact the Tournament Hotline at 647-467-5514

18.0 VENDOR HALL

18.1 Vendors - All tournament vendors and the event photographer are in Hall G. The onsite photographer will be located here for participants to purchase event photos. CanuckStuff will be located in Hall G as well as Room 107.

For an up-to-date listing of onsite vendors, please visit the OVA Champs App.

18.2 Hours of Operation

DATE	OPENING TIME	CLOSING TIME
Thursday April 20	9:00AM	8:00PM
Friday April 21	9:00AM	8:00PM
Saturday April 22	9:00AM	5:00PM
Sunday April 23	9:00AM	8:00PM
Monday April 24	9:00AM	8:00PM
Tuesday April 25	9:00AM	5:00PM

Please note: the vendor hall doors will be locked nightly at 8:00pm or 5:00pm as per the schedule above. All unattended bags and items will be moved out of the vendor hall and placed in front of the roll down silver door. The OVA and Enercare Centre are not responsible for lost or stolen items.

18.3 No Reserved Seating

Tables in the designated cafeteria in Hall G are not reserved table space. After your team has finished eating, please remove your belongings. Unattended bags that are left on the tables without any team present will be moved off to create space for other teams. Please be considerate of the space at Enercare, as well as of other teams.

18.4 Athlete Fun Zone

New this year, the OVA is setting up an Athlete Fun Zone in Hall G. Come check out the large selection of games to play during your off rounds!

18.5 Team Ontario Athlete ID Process

The Athlete Identification Process is used to select athletes for the provincial Team Ontario indoor and beach programs. ALL athletes that registered to be identified for Team Ontario on GMTM need to complete physical testing during Ontario Championships.

The testing booth will be open 10-6pm during the Day 1 and Day 2 of each event (April 20, April 21, April 23, April 24) and will be in Hall G and the process should take about 10 minutes per athlete.

Physical testing stations:

- **Height:** A measurement of the athlete's height with shoes off.
 - With the athlete's shoes off, heels, upper back and back of head flat against a wall, a flat object will be used to mark the top of the athlete's head on the wall. The mark will be measured from the floor to determine the athlete's height.
- **One-Hand Reach:** A measurement of the athlete's vertical reach with one hand, measured by the middle finger.
 - With the athlete's shoes on, they will stand perpendicular to the wall and reach as high as possible with their dominant hand. The spot where the middle finger can reach and maintain contact will be marked and measured for the athlete's one hand reach.
- **Spike Touch:** A measurement of the maximum spike height of an athlete with a full spike approach.
 - The athlete will position themselves at the desired distance from the vertec device and complete a full spike approach while touching the highest possible point on the vertec device. The athlete will then be given feedback as to where to position their start in order to achieve maximum height. Jumps are performed until three consecutive attempts are missed with 15-20 seconds rest between each jump. The highest point touched will be recorded.
- **Attack Velocity:** A measurement of an athlete's spike velocity.
 - Athletes will be performing a standing attack and hit to a target. Pocket radar technology will be used to measure attack velocity.

18.6 Event Photography & Team Photos

Sign up to capture your team's memories through Fotoreflexion. There are three packages available to choose from:

Package One - This package contains photo coverage for up to two games. All players on the court will be photographed in action. You get a collection of high-resolution images to download.

Package Two | Two games coverage plus Team portrait - This package contains photo coverage for up to two games. All players on the court will be photographed in action. In addition, your team will get a group photo on the court. You get a collection of high-resolution images to download.

Package Three | Two games coverage + Team and Solo Portraits - This package contains photo coverage for up to two games. All players on the court will be photographed in action. In addition, your team will get a group photo and players get a solo professional portrait at the photobooth. You get a collection of high-resolution images to download. It is the players responsibility to show up for their portraits.

Sign up for your team packages by visiting: <https://fotoreflexion.com/ova/>

fotoreflexion
●● photography *beyond the frame*

19.0 ONSITE MEDICAL SERVICES

Medical services will be provided to all participating teams free of charge via certified athletic therapists. Services for athletes include first aid response, concussion management, as well as athletic taping (athlete must provide their own tape).

- 19.1 Athletic Therapy:** Athletic Therapists will be on site to assist with athlete injuries, tape wrapping, etc. Please bring your own tape to utilize the athletic therapist services.

Athlete/Team emergency medical services and athletic therapy provided by Wishbone Athletics Inc.

ATs are in 3 locations:

- Medical Room West 102A
- Satellite location in Hall G
- Medical Room East 109A

Hours:

- 7:00am-10:30pm on the first two days of competition*
- 7:00am-7:00pm on playoff days*

**Or until the last match is completed for the day.*

Athletic therapists will provide taping services to athletes who supply their own athletic tape. If an athlete does not have tape, they can purchase the following from the AT's on site for taping purposes:

- White Zinc Tape: \$4/roll
- K-Tape: \$10/roll
- Stretch tape: \$5/roll

20.0 FIRST AID PROTOCOL

- 20.1 First Aid Protocol** - The procedures that are to be followed when an individual requires any first aid treatment are:

1. If an injury occurs on court, please proceed to one of the Area Supervisors and have them radio OVA staff to call for medical assistance on court. Be sure to tell the Area Supervisor which court # medical is required on.
2. Tournament Staff will then contact First Aid and/or Athletic Therapists on site and will direct them to the injury location.
3. For all other medical needs, please proceed to room 102A, 109A or Hall G.
4. If you are unable to walk to the first aid room and require immediate assistance, please call the Youth Competitions hotline at **647-467-5514**.

The medical staff are available for first aid treatment and emergencies only.

Athletic Therapists will be on site to provide taping services, diagnose concussions and other athletic injuries. All athletes must bring their own supplies to be taped on site.

- 20.2 Concussion Protocol**

All teams at Ontario Championships are required to follow the OVA/Volleyball Canada Concussion Policy and Protocol. Please refer to the OVA website to review these Policies:

[OVA Concussion Policy](#)

[Volleyball Canada Concussion Protocol](#)

Any athlete who has a suspected concussion is strongly encouraged to visit the onsite medical team to complete a concussion assessment.

21.0 EMERGENCY ACTION PLAN

- 21.1 Tornado or severe weather warnings**

Thunderstorms, tornadoes, hail, blizzards, high winds and heavy rains can develop quickly and hit hard, posing a threat to life and property. The purpose of this document is to help you prepare for severe weather by listing a few steps which you can take to protect the public, yourself and property when a severe storm hits.

Weather Watch: Conditions are favourable for a severe storm, although one has not developed. Conditions will be monitored until watch is over.

Weather Warning: Severe weather is highly probable or currently happening.

In the event of a weather watch, Facility staff will notify the OVA staff who will in turn notify Area Supervisors (Referees) that we are under a weather watch. Please listen to radios for updates on weather conditions.

If the weather watch is upgraded to a **weather warning**, Facility staff will notify the OVA who will notify Area Supervisors. All playing surfaces and common areas must be evacuated to safe areas at this time.

The following areas are listed as **safe areas** in the Enercare Centre Emergency Action Plan:

- Any meeting room or washroom.
- When in doubt, avoid any area that has windows and a lot of glass i.e., Galleria

21.2 Protocol for Weather Warnings issued

- OVA Staff will radio Area Supervisors to tell them that a weather warning has been issued and that play must cease, and athletes and spectators must find safe spots located throughout the building.
- Area supervisors signal the end of play with 3 large and long whistle blasts.
- This will signal all on duty officials to notify the coaches of the weather warning and begin ushering all athletes, coaches, and spectators to the closest safety areas.

OVA staff will be working with Facility staff to ensure that all areas are clear.

Once the warning is lifted the safe areas can be evacuated and play can be resumed.

21.3 Fire Alarm - Once an alarm is sounded, all facilities must be evacuated immediately. OVA Staff and Area Supervisors will begin ushering all tournament attendees to the nearest emergency exit. There will be no time for the collection of personal belongings.

Once the building is cleared and deemed safe by the Regional Fire Department, participants will be permitted to re-enter the facility.

If a sprinkler is hit by a ball, the fire alarm will be automatically activated, and the sprinklers will set off. In this instance, everyone in the facility will have to be evacuated and the tournament will be delayed until the fire department clears the venue and deems it safe. If you see athletes peppering in the hall walls, please tell them to stop. Any infractions will be subject to fine from the facility in question and the OVA.

21.4 Evacuation Muster Points

There are multiple muster points outside of Enercare Centre if the building needs to be evacuated. **They are located at:**

- Road running along Hall G emergency exit (north end of the building)
- In front of Princess Gates
- In front of X Hotel
- In front of parking lot

Once the OVA has been given clear from Facility Management and Emergency Services, OVA staff will announce the return to play at each muster point.

22.0 DESTINATION TORONTO SERVICES

22.1 Pass TO Savings

Make the most out of every Toronto moment with Pass TO Savings. This free mobile pass gives you up to 20% off the city's top attractions, tours and more.

Pass TO Savings makes it easy for everyone to explore Toronto for less. You can build an itinerary to suit all your needs

and you can do it for less with Pass TO Savings. <https://www.destinationtoronto.com/things-to-do/pass-to-savings/>



How this Pass Works



Step 1 - Get Your Pass

This mobile-exclusive passport is a collection of curated attractions, tours, experiences and more. Redeem exciting offers while exploring Toronto.



Step 2 - Receive Text

The Pass TO Savings will be instantly delivered to your phone via text/email and is ready to use immediately! There is no app to download.

Save the pass to your phone's home screen for easy one-tap access.



Step 3 - Redeem

Visit a participating business, present the Pass TO Savings on your phone to the attendant or staff member and redeem available discounts.

23.0 SAFE SPORT

23.1 Person in Authority Code of Conduct

The OVA values the safety, rights and wellbeing of our athletes and their families. It is the responsibility of every OVA club, coach, volunteer and staff member to participate in the effort to create a safe environment for all OVA participants.

Coaches play a vital role in shaping the youth of tomorrow through sport. The OVA relies on them and other persons in authority to be role models and to put young athletes on a path to success. The dynamic between coach and athlete gives rise to a power imbalance and a culture of unquestioned trust that can result in abuse. As such, it is imperative that all persons in positions of authority be held to a high standard of conduct. Abuse in sport, particularly sexual abuse and the grooming behaviour that precedes it, destroys the positive impact of sport and causes untold harm to victims and those around them. Consequently, the OVA has a strong obligation to establish and maintain systems that prevent abuse and respond to conduct that poses risk to OVA athletes.

23.2 Person In Authority Code of Conduct – Purpose

This Person in Authority Code of Conduct is intended to protect OVA participants from abuse. It provides guidelines for conduct that are consistent with the development of healthy relationships between adult persons in authority and youth sport participants. The Code provides behaviour guideposts that identify inappropriate or concerning behaviour at an early stage to help better protect athletes and coaches.

OVA Safe Sport Person In Authority Code of Conduct – [Click here](#)

Rule of Two Clarification: [Click here](#)

23.3 Volleyball Canada and Abuse Free Sport



Abuse-Free Sport is an independent program that is part of a growing national movement to rid Canadian sport of all forms of harassment, discrimination, and abuse. As a program signatory, Volleyball Canada is an active player in this movement.

Unlike the previous approach, where each national sport organization created its own system for dealing with complaints of maltreatment, this is a centralized “one-stop-shop.” It is independent and led by experts in their fields, using education and research to prevent maltreatment at all levels of sport.

The **Office of the Sport Integrity Commissioner** (the Office) serves as the central hub. It operates independently to administer complaints about alleged violations of the **Universal Code of Conduct to Prevent and Address Maltreatment in Sport (UCCMS)**.

Where there are admissible allegations of abuse, harassment or discrimination, the Office conducts independent investigations and recommends sanctions against individuals who violate the UCCMS.

The Office will also maintain a national sanctions registry, which prevents individuals from evading sanctions by moving to different sports or to different jurisdictions.

For designated participants within our organization, there is access to a wide range of resources, including victim services and referrals to specialized mental health professionals and experienced lawyers – all of it available in English and French. You can access the website by clicking on the Abuse-Free Sport logo or by visiting <https://abuse-free-sport.ca/>.

HOW TO REPORT ABUSE

Volleyball Canada is committed to a sport environment free from abuse that is safe for all participants.

Volleyball Canada has zero tolerance for any type of abuse. Individuals are required to report abuse or suspected abuse. If you are the victim of abuse, harassment, or discrimination, or you’ve witnessed such an incident within our sport, you are encouraged to contact the Canadian Sport Helpline by phone or text at 1-888-83SPORT (77678), or by email to info@abuse-free-sport.ca, 12 hours a day, 7 days a week.

When the incidents recounted appear admissible, operators can assist you in filing a report through a confidential online platform, if desired.

23.4 Education

Volleyball Canada requires that all individuals involved with the sport across the country take the new safe sport training module, available via the Coaching Association of Canada website.

As of April 1, 2020, anyone associated with a Sport Canada funded organization must be trained on conduct to prevent and address maltreatment. This includes coaches, referees, parents of youth athletes, high performance staff and contractors, officials and all administrative staff and volunteers whether they may have direct contact with athletes or not.

The Safe sport module is a free, 90-minute eLearning module that gives all participants the tools to recognize, address, and prevent maltreatment in sport. The module aligns with the principles of the Universal Code of Conduct to Prevent Maltreatment in Sport and meets Sport Canada's requirements for Safe Sport education.

Visit the safe sport training site for more information: <https://safesport.coach.ca/>

To take the training, you must create an account in "The Locker", even if you are not a coach (it's free!) We suggest saving a screenshot of the final slide when completed for your records.

Other online resources (mainly for coaches) that can be completed from home include the following (please note fees may be required).

<https://sportforlife-sportpourelavie.ca/catalog.php>

<https://www.respectgroupinc.com/keeping-girls-in-sport/>

<https://coach.ca/nccp-multi-sport-training-modules>

For more info on coaching resources, contact: coaching@volleyball.ca

23.5 Policies

Ontario Volleyball has adopted several policies aimed at addressing the maltreatment of individuals in sport. These policies include:

- Person in Authority (PIA) Code of Conduct
- Discipline and Complaints Policy
- Code of Conduct
- Screening Policy

A full list of Ontario Volleyball policies can be [found here](#).

23.6 Mental Health

Volleyball Canada believes the mental health and safety of athletes is vital to strong performances on the court. They are encouraging everyone to make mental health a priority by providing a mental health checklist, as well as sharing useful links. For you to perform your best on court you must take care of yourself off court.

The Canadian Centre for Mental Health and Sport (CMHS) is a registered charity supporting the mental health and performance of competitive and high-performance athletes, coaches, and performing artists. The CCMHS is the first Centre in Canada to offer collaborative sport/performance-focused mental health care services designed to help athletes, coaches, and performing artists achieve their performance goals while preserving their mental health and well-being. The CCMHS provides mental health services to competitive and high-performance athletes and coaches, as well as competitive performing artists. Here are the eligibility criteria:

- Must be 16 years of age or older
- Must be a Canadian citizen or permanent resident
- Must participate in a sport or performance domain at a competitive or high-performance level
- Must be experiencing mental health challenges
- [Click here](#) to learn more.

Disclaimer: The Canadian Centre for Mental Health is not a partner of Volleyball Canada, they are a resource for mental health, we do not control who is approved for treatment.

Kids Help Line

If you are feeling depressed or anxious, please tell someone you trust or contact the Kids Help Line 1-800-668-6868 or text 686868.

If you are starting to feel anxious and are worried about your mental health, here is a checklist that may help you feel better.

1. Fueling your body with nutritious food
2. Journaling
3. Nature Breaks (walks in the park)
4. Listening to uplifting music
5. Taking a Digital Detox
6. Move your body (any type of activity is great)
7. Deep breathing and grounding techniques

8. Stretching
9. Taking bubble baths (also great for injury prevention)
10. Focus on what you can control
11. Spending time with people who build you up
12. Spending time alone if needed
13. Talking to someone when you need it
14. Getting lots of sleep

23.7 Concussion Policy and Safety Protocols

Concussions are very common in volleyball and should be taken seriously. In compliance with [Rowan's Law: Concussion Safety](#), Ontario Volleyball has developed the OVA's Concussion Policy and protocols to help guide the management of athletes who may have a suspected concussion. You can find the OVA Concussion Policy [here](#).

As a mandatory requirement of Rowan's Law, all OVA members must review and sign off on the OVA Concussion Code of Conduct for their applicable role in order to complete their registration in the OVA Membership Registration System (MRS).

To further support a safe sporting environment, the OVA has modified the warmup protocol for 2022-23 and beyond. This new protocol will be mandatory at all OVA events to help minimize the potential for concussions during warmups.

All coaches are required to take the free E-learning module 'Making Head Way' from the CAC. The CAC have many other helpful concussion resources found [here](#).

Please see the OVA website for more information on Concussion prevention, identification, management, and treatment.



CANADIAN SPORT
HELpline

ANONYMOUS | CONFIDENTIAL | INDEPENDENT | BILINGUAL

  **1 888 83SPORT (77678)**

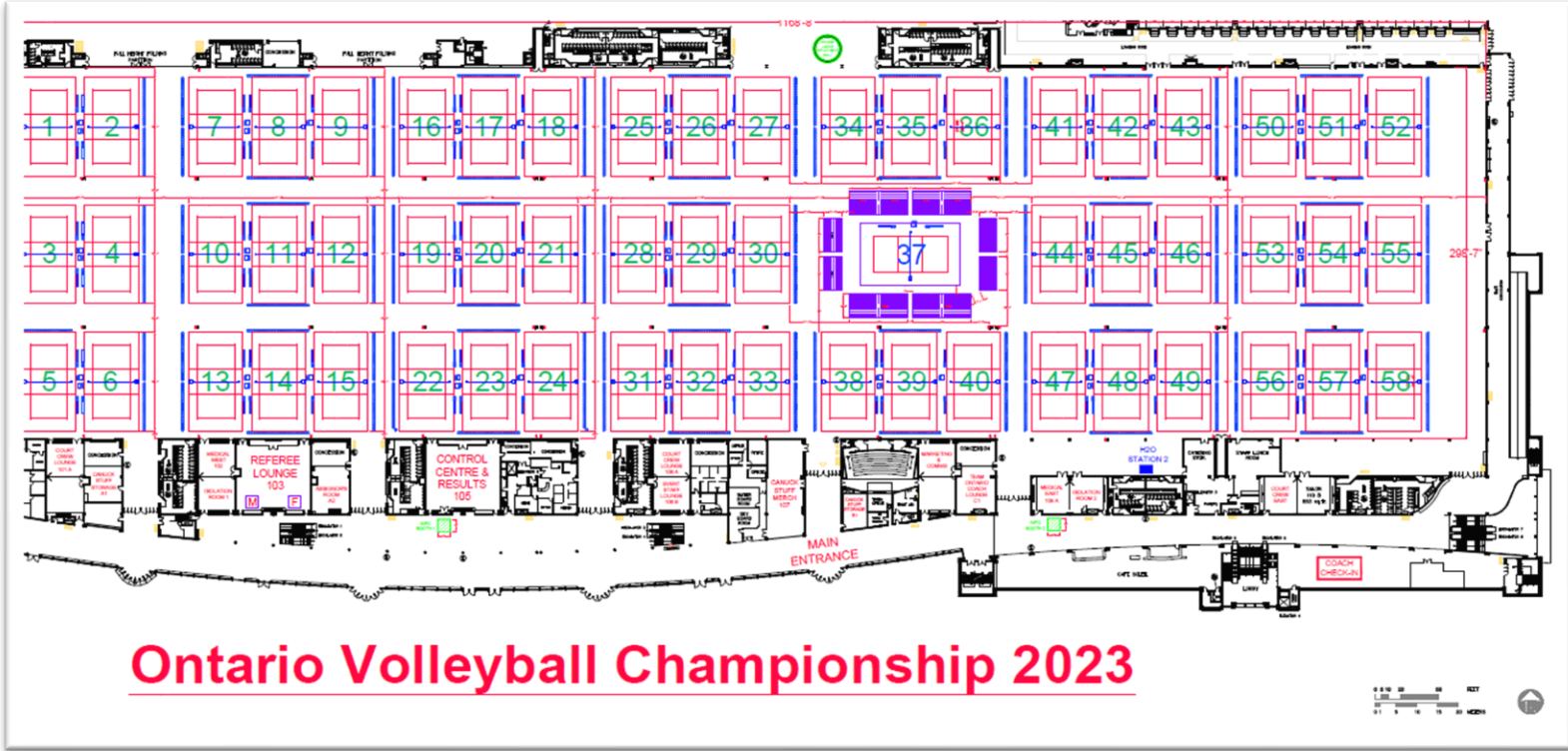
 **info@abuse-free-sport.ca**

 **www.abuse-free-sport.ca**

**8 am - 8 pm (ET)
7 days a week**

Canada

APPENDIX A: COURT MAP



APPENDIX B: GETTING INTO ENERCARE CENTRE

BY CAR

From the East

1. Take the Gardiner Expressway west to Spadina/Lake Shore Boulevard cutoff and follow the signs for Lakeshore Boulevard.
2. Take Lake Shore Boulevard to Strachan Avenue and enter via Fleet St. (just north of the Princes Gates).

From the West

1. Take the Gardiner Expressway east to Lake Shore Boulevard
2. Stay on Lakeshore Blvd. East
3. There are three entrance points (at the traffic lights) to Exhibition Place from Lake Shore Boulevard - British Columbia Drive, Ontario Drive and Newfoundland Drive.

From Pearson International Airport

1. Exit 427 south to Gardiner Expressway East.
2. Take the Gardiner Expressway east to Lake Shore Boulevard.
3. There are three entrance points (at the traffic lights) to Exhibition Place from Lake Shore Boulevard - British Columbia Drive, Ontario Drive and Newfoundland Drive.

From City Centre Airport

1. Take Bathurst Street north to Lakeshore Blvd. West.
2. Take Lake Shore Boulevard west, turn north on Strachan Avenue and enter via Fleet St (just north of the Princes Gates), or turn North onto Fort York Road, and west at the lights on to Strachan Avenue into Exhibition Place.

VIA PUBLIC TRANSPORTATION:

There are two stations on Exhibition Grounds and numerous parking locations both above and below ground.

1. **29 Dufferin Bus** - Take the Bloor subway to Dufferin Station, board the #29 bus south to Exhibition Place. [TTC 29 Dufferin](#)
2. **121A/C Fort York-Esplanade** - This bus route originates at Front St East at Parliament St. and will drop passengers off at Princes' Gates loop. [TTC 121 Fort-York Esplanade](#)
3. **511 Bathurst Streetcar** - Take the Bloor subway to Bathurst Station, board the #511 streetcar south to Exhibition Place. [TTC 511 Bathurst](#)
4. **509 Harbourfront Streetcar** - Take the Yonge-University subway to Union Station. Take the 509 Streetcar from the Union Station southbound streetcar tunnel towards Exhibition Place [TTC 509 Harbourfront](#)

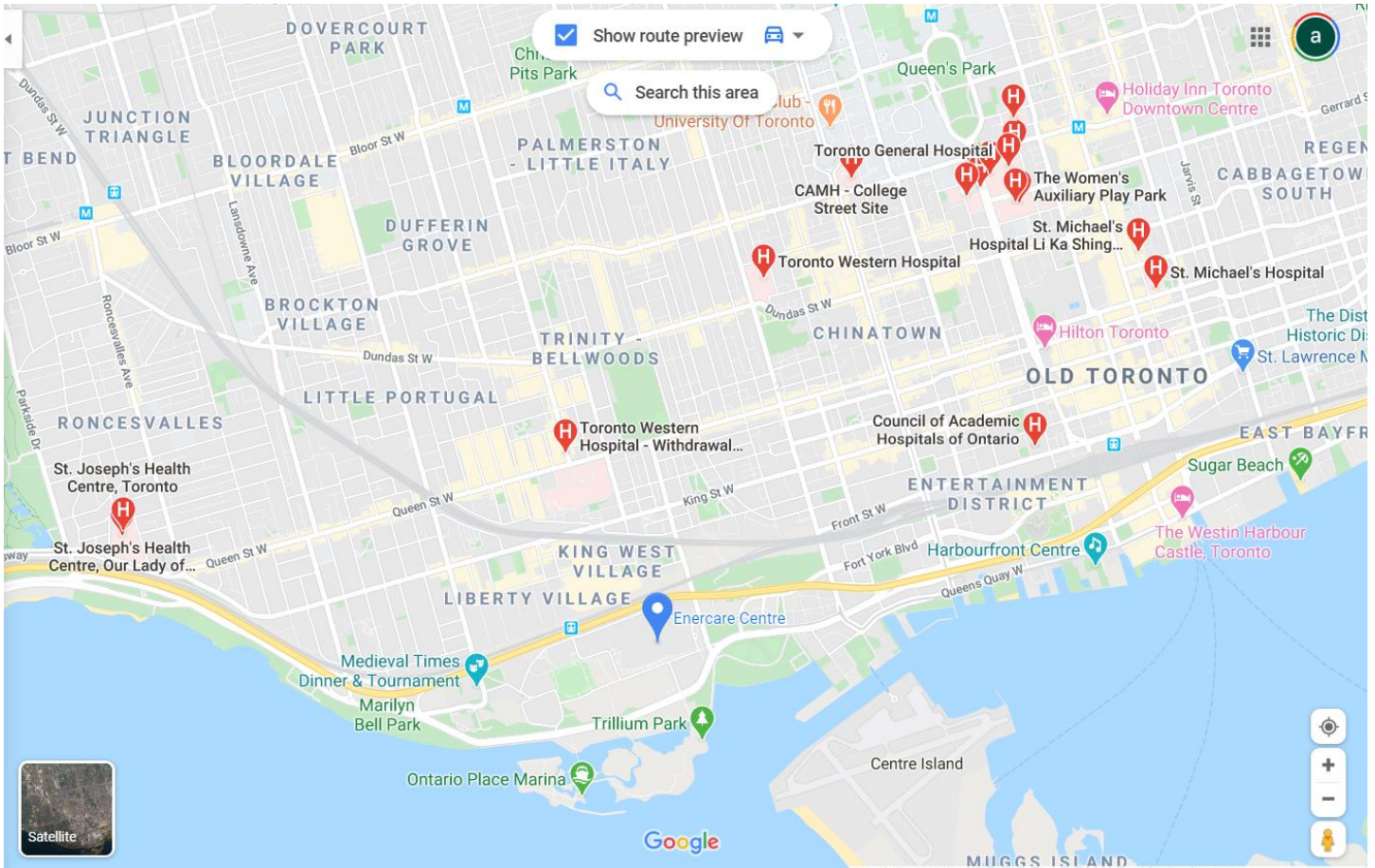
NOTE:

1. There are two streetcar stops at Exhibition Place, at Strachan Avenue, and at Exhibition Loop, adjacent to the Horse Palace/GO Station.
2. For events held at Enercare Centre & Beanfield Centre please use the Strachan Avenue stop adjacent to the Princes' Gates.
3. For events in BMO Field, Ricoh Coliseum, Queen Elizabeth Building or Better Living Centre please use the the TTC loop at the end of the line.

5. Exhibition GO

If travelling to Exhibition Place by GO Transit, please get off at the [Exhibition GO](#) station. For more information, visit the TTC at www.ttc.ca or call 416-393-4636 or GO Transit at www.gotransit.com or call 1-888-GET-ON-GO (438-6646) toll-free or 1-800-387-3652 (TTY teletypewriters only).

APPENDIX C: NEAREST HOSPITALS FROM ENERCARE CENTRE



[St. Joseph's Health Centre](#) - 4.0 kms - 30 The Queensway, Toronto, ON M6R 1B5

[St. Michael's Hospital](#) - 4.3 kms - 61 Queen St E, Toronto, ON M5C 2T2

[Toronto General Hospital](#) - 4.4 kms - 200 Elizabeth St, Toronto, ON M5G 2C4

[Mount Sinai Hospital](#) - 4.7 kms - 600 University Ave, Toronto, ON M5G 1X5

[Princess Margaret Hospital](#) - 4.7 kms - 610 University Ave, Toronto, ON M5G 2M9

[Sick Kids Hospital](#) - 4.8 kms - 555 University Ave, Toronto, ON M5G 1X8