

Ottawa Valley VIKINGS News

Goals: To develop each players individual and team skills, both mentally and physically, in a FUN, competitive and challenging environment

The Ottawa Valley Vikings Volleyball Club, offers your athlete the highest level of competitive volleyball in the area.

ALL ABOUT THE CLUB AND SEASON

WHAT CAN YOU EXPECT

So you wanna be a VIKING?

Season INFO

The Season runs from September until the end of April, ending with Provincial Championships. Teams will compete in a minimum of 5 OVA sanctioned tournaments during the year, including Provincials. Teams may choose to attend Nationals, location dependent.

Tournament locations:

In years past, the furthest teams have had to travel for tournaments is Oshawa and Markam, with places in between and are ONE DAY. Provincial Championships will be held in Toronto and Waterloo this year, and is a 3 day event. We have applied to host one tournament at each age group.

Practice Times:

Vikings will practice two times per week, 2 hours each night with the possibility of some additional team building, skill development, conditioning etc. throughout the year. Specific practice time and location for each age group will be communicated before the end of tryouts.

Playing Time:

This is a competitive club, wins are not everything but it is the goal every time we step on the court. Players will receive FAIR playing time, NOT EQUAL playing time.

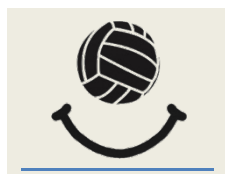
Last season the Vikings Volleyball club had 7 teams competing provincially. In the girls program we had 1 team at 13u, 1 at 14u, 1 at 15u, 1 at 16u, 2 at 17u and 1 at 18u. Our teams had another very successful season. The 17u won a silver medal, the 16u won a gold and bronze medal, the 15u won a silver medal at the Ontario Championships, the 14u won a gold, 3 silver, and bronze medals, and the 13u won a bronze and silver medal at the Ontario Championships. From start to finish, all Vikings players in all age divisions showed tremendous personal and team growth. We look forward to seeing all the returning Vikings, and meeting some new ones, and watching you all grow.



A high level of performance is expected from each athlete, both in practice and in games.

PLAYER FEES: 2 Options Now Available

New Player: 1000.00 - The basic fees includes costs of uniforms (warm up, 2 jerseys, shorts) all OVA tournament entry fees, equipment, honorariums, and gyms. Player registration with Volleyball Canada and OVA (necessary for insurance) not included in registration. For returning players who do not require new jerseys the registration fee will be \$800.00.



BEHAVIOR: All Players and parents are expected to behave in a manner that brings credit to themselves and the club. Players must control their emotions at practice and tournaments. Disruptive behavior or unsportsmanlike conduct will NOT be tolerated.

For more INFO:

Contact INFO:

www.ottawavalleyvikings.ca
<https://vikingsvolleyballclub.teamapp.com/>

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